

Group No.	Group	Language	Day of the Week	Date	Time	Class capacity	No. of Available Spots
1509	Healthy Eating	English	Wednesday	June 1, 2022	1:30pm-3:15pm	10	3
1510	Healthy Eating	English	Tuesday	June 7, 2022	1:30pm-3:15pm	10	8
1512	Healthy Eating	English	Wednesday	June 15, 2022	10:30am-12:15pm	10	9
1513	Healthy Eating	English	Tuesday	June 21, 2022	1:30pm-3:15pm	10	10
1514	Healthy Eating	English	Tuesday	June 28, 2022	5:30pm-7:15pm	10	9
1515	Carb Counting	English	Wednesday	June 1, 2022	1:30pm-3:15pm	10	10
1516	Carb Counting	English	Wednesday	June 8, 2022	5:30pm-7:15pm	10	5
1518	Carb Counting	English	Wednesday	June 22, 2022	1:30pm-3:15pm	10	8
1474	Being Active	English	Tuesday	May 31, 2022	2:30pm-4:30pm	12	7
1519	Being Active	English	Monday	June 20, 2022	5:30pm-7:30pm	12	5
1520	Stress and Diabetes	English	Wednesday	June 1, 2022	5:30pm-7:00pm	10	5
1522	Stress and Diabetes	English	Wednesday	June 15, 2022	5:30pm-7:00pm	10	6
1523	Stress and Diabetes	English	Wednesday	June 29, 2022	1:30pm-3:00pm	10	4
1524	Meters and Meds	English	Wednesday	June 1, 2022	1:30pm-3:15pm	10	7
1525	Meters and Meds	English	Wednesday	June 22, 2022	5:30pm-7:15pm	10	6
1526	Passport to Health	English	Wednesday	June 15, 2022	5:30pm-7:15pm	12	7
1481	Wellness Support Team	English	Wednesday	May 18, 2022	2:00pm-3:30pm	12	5
1527	Wellness Support Team	English	Wednesday	June 1, 2022	5:30pm-7:00pm	12	12
1528	Wellness Support Team	English	Wednesday	June 15, 2022	2:00pm-3:30pm	12	10
1529	Wellness Support Team	English	Wednesday	June 29, 2022	5:30pm-7:00pm	12	10
1542	Tiny Habits	English	Friday	June 24, 2022	email based	30	29